

Centers for Medicare and Medicaid Services (CMS) Nursing Facility Initiative: OPTIMISTIC Phase 2



Starting Oct. 1, 2016

OPTIMISTIC is a collaboration between Indiana University and 44 nursing facilities in Indiana. The goal is to test new approaches to care and payment to support the best possible care for long-stay residents. OPTIMISTIC is 1 of 6 sites in the country participating in the CMS demonstration project. Facilities who participated in Phase 1 of OPTIMISTIC have additional access to enhanced clinical resources through OPTIMISTIC RNs and Nurse Practitioners.

The goal of Phase 2

The goal of Phase 2 is to provide the best care to all residents, including reducing avoidable hospital transfers of long stay residents when appropriate. Primary care providers and nursing facilities are eligible to bill new Medicare codes when providing a high level of care for sick residents in the facility or participating in care planning activities. There are 6 common medical conditions that are the focus of the initiative. Residents are eligible for the initiative if they have been in the facility for 100 or more days and do not have Medicare managed care and are not on hospice.

Six Qualifying Conditions
Pneumonia
Urinary Tract Infection (UTI)
Congestive Heart Failure (CHF)
Dehydration
Skin ulcers, cellulitis
COPD, asthma

The intent is to provide resources to the facility and providers to deliver high quality care in the facility.

Residents may opt out of participation in OPTIMISTIC at any time. Residents' Medicare coverage and benefits do not change.

For additional information, please contact OPTIMISTIC Project Manager Laura Holtz 317-274-9114 or holtzl@iupui.edu.

