### OPTIMISTIC Charting Recommendations

<table>
<thead>
<tr>
<th>Condition</th>
<th>Guidelines</th>
</tr>
</thead>
</table>
| **Pneumonia** | - Vital signs (Temperature, Pulse, Respirations, O2 Sats, Blood pressure)  
- Lung sounds (Wheezes, Crackles, Rhonchi, Diminished?)  
- Shortness of breath (Pursed lip breathing? Difficulty speaking? Increased with ADL’s or rest?)  
- Using supplemental oxygen (Flow, Route)  
- Cough (Dry, productive, sputum color?)  
- Results of tests, imaging, labs (CXR, CBC, BMP)  
- Antibiotics (Drug Name, Dose, Adverse Effects?)  
- Family notification (If applicable?)  
- Pleuritic pain, discomfort from immobility, or pain due to pre-existing condition(s)?  
- Change in ADLs? |
| **CHF**       | - Vital signs (Temperature, Pulse, Respirations, O2 Sats, Blood pressure)  
- Lung sounds (Wheezes, Crackles, Rhonchi, Diminished?)  
- Shortness of breath (Pursed lip breathing? Difficulty speaking? Increased with ADL’s or rest?)  
- Using supplemental oxygen (Flow, Route)  
- Cough (Dry, productive, sputum color?)  
- Edema (Pitting? Non-pitting? Location?)  
- Weight (Weights over past week and compare to baseline if known)  
- Results of tests, imaging, labs (CXR, BNP, CBC, BMP, etc.)  
- Diuretics (Change in dosing?)  
- Family notification (If applicable?)  
- Dietary changes, stress reducing modalities?  
- Change in ADLs? |
| **COPD/Asthma** | - Vital signs (Temperature, Pulse, Respirations, O2 Sats, Blood pressure)  
- Lung sounds (Wheezes, Crackles, Rhonchi, Diminished?)  
- Shortness of breath (Pursed lip breathing? Difficulty speaking? Increased with ADL’s and/or rest?)  
- Using supplemental oxygen (Flow, Route)  
- Cough (Dry, productive, sputum color?)  
- Nebulizer treatments (How tolerated?)  
- Results of tests, imaging, labs (CXR, CBC, BMP, etc.)  
- Treatment (Steroid? Antibiotic? Inhaler? (how frequent?) Change in dosing?)  
- Family notification (If applicable?)  
- Use of fan; positioning (upright/side-lying/tripod); relaxation therapies; efforts to mobilize secretions?  
- Change in ADLs? |
# OPTIMISTIC Charting Recommendations

<table>
<thead>
<tr>
<th>Condition</th>
<th>Recommendations</th>
</tr>
</thead>
</table>
| **Skin Infection**         | - Vital signs (Temperature, Pulse, Respirations, O2 Sats, Blood pressure)  
- Description of area (Warm, red, painful, swollen, drainage?)  
- Antibiotics (Name? Dose? Adverse effects?), Wound culture results if applicable?  
- Treatment/Dressing Changes (How tolerated? Wound team following?)  
- Pressure Wound (Frequent repositioning? Using offloading device such as waffle boots?)  
- Family notification (If applicable?)  
- Pain med administered prior to wound treatment and/or dressing change?  Response to medication?  
- Additional nutritional support? Positioning to avoid excess pressure on affected area?  
- Change in ADLs? |
| **UTI**                    | - Vital signs (Temperature, Pulse, Respirations, O2 Sats, Blood pressure)  
- Urinary symptoms (Painful urination, urinary frequency, new or increased incontinence, urine color, odor, flank pain?)  
- Diagnostic test results (U/A C&S, CBC with elevated WBC’s, BMP)  
- Antibiotics (Name? Dose? Adverse effects?)  
- Encouraging fluids?  
- Family notification (If applicable?)  
- Voiding schedule and/or assisting to bathroom? Meticulous peri care  
- Change in ADLs? |
| **Fluid/Electrolyte Disorder** | - Vital signs (Temperature, Pulse, Respirations, O2 Sats, Blood pressure)  
- Acute change in condition (Altered mental status? Behavior change? Change in ADL’s?)  
- Intake/Output (Change in urine output, decreased PO intake?)  
- Diagnostic test results (CBC, BMP)  
- Fluids (Encouraging PO fluids, IV or Sub Q Fluids (type and rate, how much is pt taking in)?  
- Family notification (If applicable?)  
- Any inflammation of oral cavity? Oral care to tx xerostomia  
- Change in ADLs? |